Mt. Nikko-Shirane

Round trip of Mt. Shirane from Yumoto Onsen

1. From Yumoto Onsen to Mt. Mae-Shirane
   - The trail starts beside the chairlifts above the Nikko Yumoto Campsite, which is operated as a ski ground in winter time. The trail gets steep and cross slope after passing through the ski ground, and about 2 hours walk takes you to the top of Mt. Yumoto. There is a mountain stream until the near Goshikinuma pond. The trail gets gentle on the ridge until the top of Mt. Mae-Shirane. (About 3.5 hours from Yumoto Onsen)

2. Ascent to Mt. Oku-Shirane
   - After enjoying the view looking down over Goshikinuma Pond, the trail goes down for a while towards Goshikinuma Emergency lodge. After the emergency lodge, head up again for a final climb to the top of Mt. Oku-Shirane rocky peak. You will walk on the surface of a lava dome which was formed by sticky magma when the volcano was active once upon a time. Don’t forget that beautiful scenery also waits for you. You will be easily able to imagine if you were in a film. Lake and Mt. Nikko-Shirane range are unfolding before your eyes. (About 1.5 hours from Mt. Mae-Shirane)

3. Return to Yumoto Onsen
   - Goshikinuma Pond
     - You are able to choose 2 ways of returning. The one is on the same way, and the other is continuing to follow the path toward the north side of summit. The path of going around is steep and rocky. The path towards small Midagaike pond is hard downhill from here. You could like to have a brake beside the beautiful Goshikinuma pond before climbing up again towards Mt. Mae-Shirane. (About 1 hour from Mt. Oku-Shirane) Return on the same path to Yumoto Onsen from Mt. Mae-Shirane. (About 3 hours from Goshikinuma pond, 8 hours & 40 minutes in total)

Lake Karikomi

Round trip of Lake Karikomi

- Lake Karikomi (刈込湖) and Lake Kirikomi (切込湖) are twin lakes between Nikko mountain range. These lakes were naturally dammed by cutting a stream with lava flow from an ancient eruption of Mt. Mittsuwa (三日月山). Lake Karikomi is 1617m above sea level, and its depth is about 15m. Mysteriously, no mountain streams flow out from these two lakes. There are several beautiful lakes and ponds besides the trail around Mt. Mittsuwa. This trail takes you 4 hours hiking from Yumoto Onsen to Kotoku Pasture (光音台) (About 8.4km). It is also a good idea to keep going to Senjogahara Wetland (橿原湿原) and Yudaki Falls (栂角) from Kotoku Pasture for longer hiking. It is splendid course of Oku-Niko surrounded by a variety of nature. (E and F course together: About 6 hours, 14km)

- Recommended season: Early May to late November. Trekking into mountains in winter time is not recommended around this area, because of heavy snowfall.
- Level of difficulty: Intermediate in the Nikko mountain range. (Beginner in mountaineering of all Japan)
- We advise you to prepare suitable hiking shoes, rainwear and drinking water because the course is long.
- Attention: The toilet facility is not established in a mountain.

Oku-Nikko Yumoto Onsen

Yumoto Onsen town is located beside Lake Yunoko (湯ノ池), and Senjogahara Wetland and Yudaki Falls stay on its south. The first hot spring (Onsen) was found in AD788, and had been named Yakushino-yu (八木洗の湯). The main component of spring water is hydrogen sulphide. The temperature of the water is from 49.3 to 78.3 degrees Celsius, and the flow rate is 1784.5 liters per minute. Now there are more than 20 hotels and Japanese style inns (Ryokan).

Nikko Yumoto Visitor Center

- The Ministry of the Environment opened Nikko Yumoto Visitor Center in 1984 to provide nature information and hiking routes for visitors.

- Admission: Free
- Tel: 0288-62-3321
- Opening Hours (Regular): 9:00am to 3:30pm

Nikko Yumoto Campsite

- This campsite is used and comfortable in summer. This campsite offers a broad lawn is a ski ground in winter. It is certainly a perfect location to stay for a while beside Lake Yunoko.
- Advance reservations are not accepted. Please finish sign-in at Nikko Yumoto Visitor Center during departure time before the use.
- Tel: 0288-62-2461

Issue: NATURAL PARKS FOUNDATION

- Tokyo: National Trust, National Forest
- Natural Park
- Goshikinuma Pond: Mt. Nikko-Shirane
- Lake Karikomi: Mt. Nikko-Shirane
- Lake Yumoto: Goshikinuma Pond
- Oku-Nikko Yumoto Onsen: Mt. Nikko-Shirane
- Senjogahara Wetland: Mt. Nikko-Shirane
- Yudaki Falls: Mt. Nikko-Shirane
- Kotoku Pasture: Mt. Nikko-Shirane
- Lake Karikomi: Mt. Nikko-Shirane
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