Mt. Nikko-Shirane 日光白根山(2578m)



At. Nik

Mt. Mae-Shirane
2,373

Mt. Oku-Shirane
2,578

Mt. Mae-Shirane
2,373

Yumoto Onsen
1,487

1,487

Mt. Mae-Shirane
2,373

Yumoto Onsen
1,487

Km

Mt. Nikko-Shirane (日光白根山), an active volcano, is known as the highest mountain in the Kanto region, and has been selected as of the 100 famous mountains in Japan. It is just located on the west side of Oku-Nikko Yumoto Onsen (奥日光湯元温泉), and its body stays on the prefectural border of Gunma and Tochigi. The name of this mountain means white-snowy peaks. The highest peak named Mt.Oku-Shirane (奥白根山), 2578m, is a lava dome which has been formed during the past volcanic activity. The four trails lead us to the top of Mt. Oku-Shirane, and show us beautiful alpine plants and flowers blooming besides the trails in summer time. The trail from Nikko Shiranesan ropeway(日光白根山ロープウェイ)in Gunma Prefecture is also a very popular way to visit quickly upon the highland of 2000m above sea level. The course from Yumoto Onsen is one of the best ways which is long and steep, but you will definitely enjoy the splendid scenery during your hiking. It takes about 5 hours to Mt.Oku-Shirane via Mt.Mae-Shirane (前白根山).

*Available season: early June to late October.

Techniques and experiences are required when you climb winter mountains or do activities in snow.

*Level of difficulty: Advanced in the Nikko mountain range

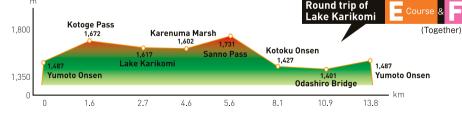
(Intermediate in mountaineering of all Japan)

We advise you to carry sufficient drinking water and foods. Attention: The toilet facility is not established in a mountain.

Lake Karikomi

刈込湖 (1617m)





Lake Karikomi (刈込湖) and Lake Kirikomi (切込湖) are twin lakes between Nikko mountain range. These lakes were naturally dammed by cutting a stream with lava flow from an ancient eruption of Mt. Mitsudake (三岳). Lake Karikomi is 1617m above sea level, and its depth is about 15m. Mysteriously, no mountain streams flow out from these two lakes. There are several beautiful lakes and ponds besides the trail around Mt. Mitsudake. This trail takes you 4 hours hiking from Yumoto Onsen to Kotoku Pasture (光徳牧場). (About 8km) It is also a good idea to keep going to Senjogahara Wetland (戦場ヶ原) and Yudaki Falls (湯滝) from Kotoku Pasture for longer hiking. It is splendid course of Oku-Nikko surrounded by a variety of nature. (E and F course together: About 6hours.14km)

*Recommended season: Early May to late November. Trekking into mountains in winter time is not recommended around this area, because of heavy snowfall.
*Level of difficulty: Intermediate in the Nikko mountain range

(Beginner in mountaineering of all Japan)

We advise you to prepare suitable hiking shoes, rainwear and drinking water because the course is long.

Attention: The toilet facility is available at Kotoku Pasture and Yudaki Falls.

Round trip of Mt. Shirane from Yumoto Onsen

Yumoto Onsen 210min Mt.Mae-Shirane 90min Mt.Oku-Shirane 60min Goshikinuma Pond 40min Mt.Mae-Shirane 120min Yumoto Onsen

From Yumoto Onsen to Mt.Mae-Shirane

The trail starts beside the chair lifts above the Nikko Yumoto campsite (日光湯元キャンプ場) which is operated as a ski ground in winter time. The trail gets steep and scree slope after passing through the ski ground, and about 2 hours walk takes you to the col of Mt. Toyama (外山鞍部). There is no mountain stream until the one near Goshikinuma pond. The trail gets gentle on the ridge until the top of Mt. Mae-Shirane. (About 3.5hours from Yumoto Onsen)

2. Ascent to Mt.Oku-Shirane

After enjoying the view looking down over Goshikinuma Pond (五色沼) from Mt. Mae-Shirane, the trail goes down for a while towards Goshikinuma Emergency lodge (五色沼避難小屋). After the emergency lodge, head up again for a final climb to the top of Mt.Oku-Shirane rocky peak. You will walk on the surface of a lava dome which was formed by sticky magma when the volcano was active once upon a time. Don't forget that beautiful scenery also waits for you. You will be easily able to imagine if you were a bird. Lakes and Nikko mountain range are unfolding before your eyes. (About 1.5 hours from Mt.Mae-Shirane)

Return to Yumoto Onsen through Goshikinuma Pond

You are able to choose 2 ways of returning. The one is on the same way, and the other is on continuing to follow the path toward the north side of summit. The path of going around is steep and rocky. The path towards small Midagaike pond (弥陀ヶ池) is hard downhill from the top. You would like to have a break beside the beautiful Goshikinuma pond before climbing up again towards Mt.Mae-Shirane. (About 1 hour from Mt. Oku-Shirane) Return on the same path to Yumoto Onsen from Mt.Mae-Shirane. (About 3 hours from Goshikinuma pond . 8hours & 40minutes in total)





Midagaike pond





Yumoto Onsen town is located beside Lake Yunoko(湯 ノ湖), and Senjogahara Wetland and Yudaki Falls stay on its south. The first hot spring (Onsen) was found in AD788, and had been named Yakushino-yu (薬師の湯). The main component of spring water is hydrogen sulfide. The temperature of the water is from 49.3 to 78.9 degrees Celsius, and the flow rate is 1788.5 liters per minute. Now there are more than 20 hotels and Japanese style inns (Ryokan).

Nikko Yumoto Visitor Center(日光湯元ビジターセンター)

The Ministry of the Environment opened Nikko Yumoto Visitor Center in 1994 to provide nature information and hiking routes for visitors



- •Admission : Free
- ●TEL 0288-62-2321
- ●Opening Hours (Regular) 9:00am to 4:30pm

Lake Yunoko

Nikko Yumoto Campsite(日光湯元キャンプ場)

The weather in Nikko Yumoto is cool and comfortable in summer. This campsite of a broad lawn is a ski ground in winter. It is certainly a perfect location to stay for a while beside Lake Yunoko.



Advance reservations are not accepted. Please finish signing in at Nikko Yumoto Visitor Center during its opening hour before the use.

TEL 0288-62-2461

Issue: NATURAL PARKS FOUNDATION (発行:一般財団法人 自然公園財団)

MOUNTAINS MAP OF AROUND YUMOTO ONSEN The area around Yumoto Onsen Mt. Orogura Nikko-zan Onsenji Templ 於呂俱羅山 Lake Sugenuma Nikko Yumot Lake Karikomi **Visitor Center** 菅沼キャンプ村 Lake Kirikomi National Route 120 Karenuma Konsei Pass Katashina Vil. Marsh Karenuma Mars 涸沼 Nikko Shiranesan Ropeway Sanno Mt.Konsei e ropeway takes passengers straight up ←To Numata Pass Lake City Mt. Mitsudake Konsei Road (Closed in winter) **Tadenoumi** and weekend, 8:00 on weekdays for the 三岳 夢ノ湖 The last service time 16:00 (uphill), 16:30 Need to confirm:TEL 0278-58-2211 **Tochigi Prefecture Gunma Prefecture** Entrance to Lake Kariko 栃木県 群馬県 賽の磧 Nikko Shiranesan Ropeway Yumoto Onsen 🛭 Mt. Zazenyama 座禪山 血ノ池地獄 Midagaike Pond 湯元スキー場 Nikko Yumoto Onsen Ski Park Mt.Goshiki 五色沢 大広河原 Nikko Yumoto Emergency Lodge Goshikinuma Pond Shiranezawa Creek Lake Yunoko Visitor Center The height above the sea level:1,480m. Mt.Mae-Shirane Circumference:2.8km. Depth:13m. Hiking trail around Lake-1 hour & 10 minutes 奥白根山 D Mt.Oku-Shirane Lake Yunoko Mt.Toyama Yudaki Falls Kotoku Pasture **Emergency Lodge** 2 Kotoku Onsen 40 Yutaki Iriguchi (Entrance to Yudaki Falls) B 71 Kotokunuma Kotokunuma **Nikko City** 日光市 Hiking Course * The walking time is not included in the break time. Mountain Climbing Course * The walking time is not included in the break time. Odashiro Bridge B 39 Kotoku Iriguchi Entrance to Kotoku Izumiyadoike Pond Advanced 3.4km 12.5km 3hrs.40min Sugenuma (130min) ⇒ Midagaike Pond (60min) ⇒ Mt. Oku-Shirane Yumoto Onsen (210min) ⇒ Mt.Mae-Shirane (90min) ⇒ Mt.Oku-Shirane (60min) Yumoto Onsen (70min) ⇒Lake Karikomi (70min) ⇒Goshikinuma Pond (40min) ⇒Mt.Mae-Shirane (120min) ⇒Yumoto Onsen ⇒Karenuma Marsh (25min) ⇒Sanno Pass (55min) ⇒Kotoku Onsen 糠塚 4hrs.35min 5.9km Advanced 3.1km 2hrs.30min. 2hrs.10mir Senjogahara Wetland Kotoku Onsen (35min) ⇒ Kotoku Iriguchi (25min) Yumoto Onsen (140min) ⇒Kokkvodaira (40min) ⇒Mt.Goshiki (35min) Nikko Shiranesan Ropeway (150min)⇒Mt.Oku-Shirane **▼** To Central Nikko ⇒Midagaike Pond (60min) ⇒Mt.0ku-Shirane ⇒Odashiro Bridge (30min)⇒Yudaki Falls (40min)⇒Yumoto Onsen 「この地図は、国土地理院長の承認を得て、同院発行の2万5千分1地形図を複製したものである。(承認番号 平28関複、第32号) 」 Park etiquette Legend permitted outside the designated Do not pick wild flowers and Do not catch No smoking Do not feed or while walking approach wild camp aréa. Hakusan Shakunage Rhododendron degronianum Glaucidium palmatum Malus toringo (Siebold) Rhododendron molle (Blume) Rhododendron brachycarpum Spiraea salicifolia L. Siebold et Zucc. Siebold ex de Vriese G.Don subsp. japonicum (A.Gray) K.Kron D.Don ex G.Don Do not throw

The place: Mt.Shirane

The time of bloom: July

The place: Senjogahara Wetland

The time of bloom: August

way any trash.

No Pets

Bonfires in designated

Stav on the

Caution

The place: Lake Yunoko

The time of bloom: June

The place: Kotokunuma Pond

The time of bloom: June

The place: Mt. Shirane

The time of bloom: June

The place: Lake Yunoko

The time of bloom: May

Emergency Lodge